

50 Alessandro Place, Suite 410
Pasadena, CA 91105
(626) 793-7114, ext 2 (Diana)

INSTRUCTIONS FOR UPPER ENDOSCOPY

You should be at:

- Huntington Memorial Hospital, Outpatient Endoscopy Center (1st Floor, LaVina Building).
- Pasadena Endoscopy Center - 55 Valley Street, Pasadena • (626) 793-9900

Arrival time: _____

Your Procedure is scheduled for: _____ At: _____

Please follow these instructions:

1. **Nothing to eat or drink after midnight before the procedure.**
2. You will be at the Outpatient Endoscopy Center for approximately **2 hours**.
3. **You will receive sedatives during the procedure - therefore you must have someone to drive you home.**
4. Do not operate or drive a vehicle for 24 hours after the procedure. Do not sign important documents for the same period of time.
5. Discuss with our doctors about discontinuing aspirin, Coumadin, antidiabetic medication or any other medication the day of the procedure. You should take your heart or blood pressure medication.
6. Call the office after your procedure for a **return appointment** to discuss the results **(626) 793-7114**.

IMPORTANT:

_____ PLEASE NOTIFY THE OFFICE OF ANY INSURANCE CHANGES PRIOR TO YOUR PROCEDURE. CHECK WITH YOUR INSURANCE COMPANY FOR OTHER INFORMATION SUCH AS YOUR DEDUCTIBLE AMOUNTS, OR ANY PRE-AUTHORIZATION NEEDED.

_____ PLEASE CALL AT LEAST THREE BUSINESS DAYS PRIOR TO YOUR PROCEDURE FOR ANY SCHEDULING CHANGES. LESS NOTICE MAY BE SUBJECT TO A \$100 CHARGE.